

Commission on Dietetic Registration

Free CPE Resources

Updated September 2026



Activities in **yellow** are prior approved to meet the **ethics requirement**.
Activities in **green** are prior approved to meet the **health equity requirement**.

Provider	Activity title	CPEUs	Activity number	Expiration date
Abbott	Nutrition & Wounds: Implementing an Evidence-Based Plan of Care	0.5	182542	4/12/2027
	Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes	1	182477	4/10/2027
	Skin Integrity in Action: Hands-on Pressure Relief and Nutrition-Focused Teamwork	1.25	192727	4/28/2029
	Skin in the Game: A Hands-on Demonstration to Identify Pressure Injury and Risk in Diverse Skin Tones	1.25	192730	4/28/2029
	Strategic Interventions for Pressure Injuries: Prioritizing Nutrition During Post-Acute Transitions of Care	1	192119	3/17/2029
	The Interface of Nutrition & Pressure Injury Prevention: Following a Hospital Journey (Part 1)	1	185420	11/7/2027
	The Interface of Nutrition & Pressure Injury Prevention: Following a Hospital Journey (Part 2)	1	185992	11/14/2027
	The New Era of Pressure Injury Care: Quality Measures, Evidence-Based Practice, and Nutrition at the Core	1	190652	11/10/2028
	The Role of Nutrition in Pressure Injury Management in Patients with Diabetes	1	182964	3/3/2027
	Wound Module 1: A Closer Look: Understanding Chronic Wounds	1	181152	2/9/2027
	Wound Module 2: Pressure Injuries & the Management of Chronic Wounds	1	181942	3/18/2027
	Wound Module 3: Making the Connection: Chronic Wounds & Nutrition	1	181180	4/23/2027
	Advancing the Role & Leadership of Clinical RDNs: Leading a Small-Bore Feeding Tube Team	1	186491	1/9/2028
	Working in Harmony: Critical Conversations on Nutrition, Pressure Injuries and Interdisciplinary Care	1	193796	7/15/2029
	Back to Basics: Enteral Formula Composition & Delivery Considerations for Adult Patients	1	181465	2/13/2027

Commission on Dietetic Registration

Free CPE Resources

Choosing Wisely: Enteral Feeding Tube Selection, Placement & Considerations	1	183113	4/24/2027
Enteral Nutrition Tolerance & Gut Health	0.5	190032	9/22/2028
Enteral Nutrition: Transitions of Care from Hospital to Home	0.5	190336	11/17/2028
Enteral Tube Feeding 101	1	180699	1/4/2027
Enteral Tube Feeding: Gastrointestinal Complications	1	180701	2/1/2027
Enteral Tube Feeding: Surgical & Metabolic Complications	1.5	181149	3/18/2027
From Silos to Synergy: Enhancing Care Transitions to Improve Patient Outcomes in Home Enteral Nutrition (Part 1)	1.25	190104	10/29/2028
From Silos to Synergy: Enhancing Care Transitions to Improve Patient Outcomes in Home Enteral Nutrition (Part 2)	1	190638	11/6/2028
Good Tubes Gone Bad: Management & Prevention of Common Tube Site Complications	1	183308	4/26/2027
Successful Transition of Tube Feeding: From Hospital to Home	1	183323	4/26/2027
Update on the 2022 ASPEN Critical Care Guidelines	0.5	190211	9/30/2028
Bariatric Surgery: Developing an Understanding of the Evidence, Procedures & Expected Outcomes (Module 1)	0.5	182754	4/17/2027
Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery (Module 2)	0.5	182759	4/17/2027
The Long & Short of It: Postoperative Nutrition to Support Long-Term Success After Bariatric Surgery (Module 3)	0.5	182760	4/17/2027
Identifying Considerations Across the Continuum of Care: Best Practices for a Multidisciplinary Approach (Module 4)	0.5	182766	4/17/2027
Special Considerations: Implementing Enhanced Recovery After Surgery (ERAS) in Patients with Diabetes	1	183346	4/29/2027
The Holistic Support of Patients Post Metabolic & Bariatric Surgery in Primary Care: Nutrition, Muscle Health & Beyond	1	182746	5/28/2027
Implementing Early Feeding Practices in Critical Care	1	183609	5/13/2027
Improving Outcomes with Early, Individualized Nutrition Intervention: It's Worth the EFFORT	1.25	185158	9/9/2027
Improving the Quality of Nutrition Care for Critically Ill Patients	1	183611	5/31/2027

Commission on Dietetic Registration

Free CPE Resources

Making Early Enteral Nutrition Happen	1	183605	5/30/2027
Measuring Body Composition & Optimal Nutrition Support in the ICU Setting	1	180660	1/2/2027
New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	1	180336	1/2/2027
Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 1)	1	183583	5/9/2027
Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 2)	1	183585	5/10/2027
Putting Evidence into Practice: Preventing, Managing & Treating Enteral Feeding Intolerance in the Critical Care Setting	1	181144	1/30/2027
The Importance of Early Enteral Nutrition for Critically Ill Patients	1	183604	5/14/2027
Nutrition Focused Physical Exam - Part 1: Subcutaneous Fat & Muscle Loss	1	176161	12/22/2026
Nutrition Focused Physical Exam - Part 2: Micronutrients, Fluid Accumulation and Functional Status	1	176215	12/22/2026
Nutrition & Health Currents: Identification, Diagnosis, and Treatment of Malnutrition in Adult Hospitalized Patients: An Ethical Perspective	1	182617	4/16/2027
Carbohydrate Quality: What Do I Tell My Patients?	1	182569	4/12/2027
Implications of Diabetes in Sarcopenia & Low Muscle Mass	0.5	185170	9/09/2027
Low-Calorie Diets and Lifestyle Strategies for Type 2 Diabetes Management	1.25	193155	2/06/2029
Maternal Diabetes: Neonatal Pathophysiology and Nutritional Care Strategies	1.25	192996	5/15/2029
Nutrition, Diabetes, and Obesity Care: Bridging Evidence and Clinical Practice	1	190679	11/11/2028
Obesity, Insulin Resistance & Diabetes in Chronic Kidney Disease	0.75	186190	12/5/2027
Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Intervention & Person-Centered Care	1	184783	8/19/2027
Nutritional Management of Chronic Kidney Disease	1	192442	4/28/2029
A Deeper Dive: Evidence-Based Strategies for Whole-Person Obesity Care, Optimizing Nutrition Outcomes	1	189641	9/09/2028

Commission on Dietetic Registration

Free CPE Resources

Balancing Act: Synergizing Obesity Medication, Muscle Health and Nutrition Through a Patient Journey	1.25	189642	8/19/2028
Making Every Bite Count: Transforming Nutrition Recommendations into Real-Life Solutions for Patients on GLP-1 RAs	1	191840	2/24/2029
Nutritional Management of Hospitalized Patients with Obesity	1	189571	8/12/2028
The Benefits of Personalized Nutrition & Lifestyle Approaches in Obesity Management: Exploring the Role of Muscle Health	1	182839	5/31/2027
The Evolution of Multidisciplinary Obesity Treatments and the Role of Nutrition: Past, Present, and Future (Part 1)	1.25	188370	5/2/2028
The Evolution of Multidisciplinary Obesity Treatments and the Role of Nutrition: Past, Present, and Future (Part 2)	1.25	188513	5/12/2028
Multimodal Strategies in Oncology: From Theory to Practice	1.25	191444	2/9/2029
Oncology Nutrition: Exploring the Impact of Cancer Diagnosis and Its Treatment on Nutritional Status	1.25	191359	1/23/2029
Screen, Assess, Intervene: Nutrition and Muscle Mass in Outpatient Oncology Settings	1	191361	1/23/2029
What's New in Oncology? Addressing Muscle Health & Nutrition	1	184280	6/28/2027
Inflammation and Immunity in the Acutely Ill Hospitalized Patient: Exploring Implications for Specialized Nutrition Approaches (Part 3)	1	190459	10/20/2028
Inflammation and Immunity in the Acutely Ill Hospitalized Patient: Exploring Implications for Specialized Nutrition Approaches (Parts 1 and 2)	1	190299	10/7/2028
The Protein-Energy Wasting Syndrome in Chronic Kidney Disease	0.75	186798	1/30/2028
Addressing Gastrointestinal Tolerance in the ICU Setting	1	180663	1/11/2027
Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU	1	180334	12/22/2026
Gastrointestinal Dysfunction in Critical Illness	0.75	183774	5/31/2027
Traumatic Brain Injury: Emerging Research, Clinical Consequences & Nutrition Recommendations from a Multidisciplinary Perspective (Part 1)	1	190877	12/01/2028
Traumatic Brain Injury: Emerging Research, Clinical Consequences & Nutrition	1	190613	11/04/2028

Commission on Dietetic Registration

Free CPE Resources

Recommendations from a Multidisciplinary Perspective (Part 2)			
Managing Sarcopenia & Frailty: How Can Nutrition & Exercise Improve Clinical Outcomes?	1	185940	11/19/2027
Body Composition & Health: Module 1	1	187478	3/11/2028
Body Composition & Health: Module 2	1.25	187658	3/24/2028
Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation & Metabolism	0.75	184990	8/29/2027
Nutrition, Muscle and Strength: Paramount for Optimal Health	0.75	186308	12/19/2027
Pioneering Muscle Health: Evidence-Based Nutrition for Cancer and Diabetes Management	1.25	191344	1/23/2029
Respiratory Disease & Muscle: Nutritional Interventions to Support Our Patients	0.75	186247	12/16/2027
The Latest Evidence in Preserving Muscle Health in Acute & Chronic Diseases	1.25	186558	1/16/2028
Unlocking the Value of Muscle & Nutrition for Improved Health Outcomes	1.25	184637	7/25/2027
When It Matters Most: Muscle & Nutrition in Critical Care	1	181085	2/08/2027
Your Introduction to Health Economics and Outcomes Research	0.75	190802	11/24/2028
Adapting the Nutrition-Focused Physical Exam to Identify Adult Malnutrition in Critically Ill Patients with Obesity	1	180402	12/13/2026
Malnutrition Screening & Diagnosis Across the Lifespan: Part 1	1	186343	1/06/2028
Malnutrition Screening & Diagnosis Across the Lifespan: Part 2	1	186368	12/23/2027
Malnutrition Screening & Diagnosis Across the Lifespan: Part 3	0.75	186374	12/23/2027
Malnutrition Screening in Adults: Combining Evidence & Clinical Practice to Improve Patient Care	1	177008	1/19/2027
Malnutrition Screening in Patients with Obesity in the Hospital Setting	1	178233	12/04/2026
Performing Nutrition-Focused Physical Exam via Telehealth in an Adult Outpatient Setting	1	178234	12/05/2026
Optimal Nutrition Therapy During and Post-ICU	0.5	190335	10/08/2028
Practical Management of Home Tube Feeding	1	183326	4/26/2027
Addressing Weight Stigma in the Healthcare Setting	1	180394	12/13/2026
Is There a Role for Nutrition in the Management of Maternal Mood Disorders?	1	183701	5/16/2027

Commission on Dietetic Registration

Free CPE Resources

Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management & Nutrition Considerations	1	181146	4/10/2027
Gestational Diabetes Mellitus: Latest Research & Guidelines	0.75	185276	9/16/2027
Incretin-Based Weight Loss: Effects on Body Composition and the Importance of Muscle Mass in Aging Populations	1	193770	7/13/2029
Nourishing Strength: The Vital Role of Nutrition and Muscle Health in the Older Adult	1	191224	1/14/2029
Beyond GLP-1s: Comprehensive Obesity Care to Promote Healthy Aging	1	193286	6/05/2029
Transforming Obesity Treatment: Elevating Nutrition and Person-Centered Care	1	189189	7/14/2028
Bridging the Gap: Identifying Sarcopenia and Malnutrition in the Older Adult: Part 1	1	188981	6/26/2028
Bridging the Gap: Identifying Sarcopenia and Malnutrition in the Older Adult: Part 2	1.25	189001	06/27/2028
Protein Metabolism: Dietary Requirements, Aging and Weight Loss	1	187894	04/04/2028
Hydration in Older Adults: Clinical Guidelines and Strategies to Improve Hydration Status	1	186028	11/18/2027
Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?	0.75	185939	11/12/2027
Bridging the Four-Generation Workforce Divide to Build Stronger Teams	1	193624	6/29/2029
Caring for the Millennial and Gen Z Family: Thoughts from Admission Through Discharge	1	184748	7/30/2027
How to Navigate Difficult Conversations with Difficult People	1	184309	6/25/2027
How to Resolve Interdepartmental Conflicts: Strategies for Healthcare Teams	1	187541	3/18/2028
How to Shift From a Negative to a Positive Work Environment	1	184451	8/06/2027
Motivational Interviewing: Application in Working with Patients & Families	1	177221	1/16/2027
Resilience and Renewal: Self-Care for Healthcare Workers	1.25	189147	7/10/2028
The Human Margin: Building Foundations of Trust	1	189293	7/30/2028
Cultivating a Healthy Work Culture by Addressing Bullying & Incivility	1	183367	2/07/2027
Advancing Malnutrition Quality Improvement & Health Equity: Opportunities to Lead Change	1	178232	12/07/2026

Commission on Dietetic Registration

Free CPE Resources

Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 1)	1.25	185350	9/19/2027
Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 2)	1	183854	6/07/2027
Transforming Healthcare Delivery: Leveraging the Global Malnutrition Composite Score for Quality Improvement, Health Equity & Patient Outcomes	1	185349	9/19/2027
Interactions of Nutrition, the Gastrointestinal Microbiome & Health	0.5	183552	5/30/2027
Practical Applications: Providing Culturally Relevant, Person-Centered Diabetes Care		185355	9/24/2027
How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	1	185070	9/09/2027
Achieving Nutrition Equity: Addressing Pediatric Malnutrition and Food Insecurity	1	188872	6/17/2028
An Introduction to Mid-Upper Arm Circumference & Its Application in the Pediatric Intensive Care Unit	1	185210	9/10/2027
Beyond Anthropometrics: Evolving Science of Biomarkers for Assessing Growth	0.75	184172	6/13/2027
Beyond Recommended Dietary Intakes: Understanding Bioavailability and the Importance for the Growing Child	0.75	185072	9/04/2027
Beyond Weight: Nutritional Insights and New Evidence for Catch-Up Growth	1	186737	1/28/2026
From Evidence to Action: Nutrition Interventions Addressing Undernutrition in Young Children	1	192665	4/21/2029
Hot Topics in Pediatric Nutrition	1	182962	2/15/2027
Metabolic Flexibility & the Role of Carbohydrates, Protein & Fat Balance on Pediatric Obesity	0.75	184282	6/25/2027
Micronutrients: A Need for Micromanagement	1	189860	9/09/2028
The Impact of Pediatric Undernutrition on Gastrointestinal Function	0.5	185127	9/04/2027
The Protein : Energy Ratio in Support of Catch-Up Growth	0.75	184269	6/27/2027
NeuroNutrition: Advancing Brain Health Through Science From Gestation to Childhood	1.25	191275	1/29/2029
Body Composition During Growth	1	189580	8/14/2028
Marijuana Use During Pregnancy & Breastfeeding: Weeding Through the Evidence	1.25	183679	5/17/2027
Considerations for Recognizing and Treating Eosinophilic Esophagitis in Pediatrics	1	190874	12/01/2028

Commission on Dietetic Registration

Free CPE Resources

Food Allergies, Intolerances & Sensitivities in Pediatric Practice: The Role of the Registered Dietitian Nutritionist	1	185719	11/15/2027
From Formula Selection to Reintroduction: Nutritional Strategies for Managing Pediatric Cow's Milk Allergy	0.5	190500	10/22/2028
Nutrition Therapy and Pediatric Allergy: A Closer Look at CMA and EoE	1	186132	11/27/2027
Nutritional Management of Eosinophilic Esophagitis: Food Allergens & Beyond	0.75	185713	10/22/2027
Pediatric Cow's Milk Allergy: A Guide to Using Milk Ladders for Allergy Management	1	191145	1/12/2029
Diagnostic & Therapeutic Advances in Eosinophilic Esophagitis	1	185059	8/29/2027
A Patient Centric Approach to Integrating Nutrition in Inflammatory Bowel Disease Care	1	191105	1/06/2029
Pediatric Disorders of the Gut-Brain Interaction (DGBIs) and Nutrition Insights: From Diagnosis to Optimized Care	0.75	189068	7/08/2028
Pediatric Intestinal Failure	1	182265	3/25/2027
Transformative Nutritional Strategies for Managing Crohn's Disease	1	190712	11/14/2028
Childhood Obesity: A Weighty Problem!	1.25	184903	8/16/2027
The Role of Food & Nutrition in Inflammatory Bowel Disease	1	184553	7/23/2027
Energy Expenditure in Fatty Acid Oxidation Disorders	1	181815	3/08/2027
Nutritional Management of Pompe Disease	1	181866	3/13/2027
Urea Cycle Disorders: Navigating Nutritional Management & Nitrogen Scavengers	1	182779	5/31/2027
Using Biochemical Laboratory Results to Inform Dietary Management	1	181176	1/31/2027
Advances in Propionic Acidemia	1	181817	3/08/2027
Nutrition During Childhood Cancer Treatment: Current Understanding & a Path for Future Research	1	181178	2/27/2027
Every Family's Journey: Embracing Diversity in Pediatric Care	1	189715	8/26/2028
Ethical Issues in Pediatric Care	1	193293	6/08/2029
NICU Currents: Ethical Issues in Neonatal Care	1	179611	11/06/2026
Pediatric Nutrition-Focused Physical Exam	1	193686	7/07/2029
Combating Malnutrition in Pediatric Clinical Practice	1.25	184434	7/11/2027
Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-scores	1	193226	6/08/2029

Commission on Dietetic Registration

Free CPE Resources

Allergies, Immunology & Human Milk: Exploring Maternal & Infant Factors	1	182647	4/16/2027
Assessment Skills Update: 3rd Generation Fenton Growth Chart	0.5	191458	1/28/2029
Baby Bottle Nipples: Finding the Perfect Fit	0.5	186205	12/09/2027
Eat, Sleep, Console	1	177217	11/06/2026
Getting in the Weeds with Perinatal Cannabis Exposure: Considerations for the Infant	1	190862	11/26/2028
Math and Mixing Skills for Human Milk and Formula Technicians	0.5	188864	6/12/2028
Neonatal Short Bowel Syndrome	1	182169	4/02/2027
NICU Currents: GER & GERD in Preterm Infants: A Narrative Review of Diagnosis, Nutrition Evaluation & Management	1	184540	7/24/2027
Nutrition Guidelines for Pediatric Providers Caring for NICU Graduates	1	189209	7/16/2028
Safeguarding Preparation & Delivery of Infant Feedings in the NICU	1	182791	4/17/2027
Suspected Inborn Errors of Metabolism in the Newborn	1	185062	9/04/2027
The Impact of Opioids on Newborns: Addressing Neonatal Opioid Withdrawal Syndrome in Clinical Practice	1	186589	2/05/2028
The Puzzle of the Infant Brain: Association of Nutrients with Cognitive Development	0.5	182498	4/15/2027
Nutrition Management of Refeeding Syndrome in the Critically Ill Child & Neonate	1	182433	4/08/2027
Neonatal Fundamentals: Infant Nutrition Assessment	1	193579	6/30/2029
Breastfeeding Essentials: Overcoming Common Hurdles	1	191104	1/07/2029
Breastfeeding in Special Circumstances: Care for Infants with Medical Needs	1.5	189159	7/15/2028
Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad	1	193603	6/26/2029
Breastfeeding: Considerations for the Premature Infant	1.25	184097	6/13/2027
Competencies for Human Milk and Formula Technicians	0.5	188792	6/11/2028
Early Infant Feeding: Breaking Down the Basics	1	185612	10/10/2027
Lactation Support: Incorporating Telemedicine into Practice	1	185221	9/18/2027
Sanitation and Safety Principles for Human Milk and Formula Technicians	0.5	188857	6/17/2028

Commission on Dietetic Registration

Free CPE Resources

	Strategies for the Development of Safe Oral Feeding Among Preterm Infants	1	182171	3/21/2027
	Clinical Implications of Dysbiosis in Infants	1	189615	8/19/2028
	HMO Update: Clinical Evidence & Clinical Practice	1	186717	1/27/2028
	How Human Milk Oligosaccharides & the Microbiome Communicate with the Gut & Brain	1	185621	10/11/2027
	Human Milk Oligosaccharides in the Preterm Infant: Impact on the Developing Immune System	1	182583	4/15/2027
	New Clinical Research and Emerging Trends on the Microbiome and Its Influence on Infant Health and Allergy	1	190064	9/22/2028
	Programming the Infant Microbiome: Impacting Immune Health Later in Life	1	183239	5/17/2027
	Revealing the Transformative Power and Potential of HMOs: Breakthrough Evidence and Future Implications	1	189211	7/28/2028
	Understanding the Impact of HMOs: A Closer Look at the Evidence & Supporting Research	1	182888	2/16/2027
	What's New in the Science of HMOs: New Research & Future Directions	1	181983	3/14/2027
	Handling Human Milk & Formula in Healthcare Facilities: Tried & True & What's New	1	177797	1/09/2027
	Specialized Feeding: Best Practices for Healthcare Providers	1	183363	5/29/2027
	Infant Feeding: Best Practices for Healthcare Providers	1	183365	5/31/2027
	Opioid Use Disorders in Pregnancy	1.25	183991	6/11/2027
	Recent Trends in the Nutritional Care of Healthy, Term Infants	1	190994	12/10/2028
	Select Topics in Glycogen Storage Disorders	1	190153	9/24/2028
	The Journey of PKU Management: Where Are We?	1	190630	11/06/2028
	What the Heck Does That Laboratory Value Mean?	0.75	190549	10/30/2028
	Acute Kidney Injury in the NICU Patient	1	181705	3/01/2027
	Introducing Food Allergens for Babies with Amino Acid Disorders	1	190105	9/23/2028
	The Emerging Role of the Gut Microbiome in Health & Immunity	0.5	182514	4/10/2027
	Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition	0.75	182776	4/22/2027
	Trauma-Informed Care & Suicidality	1	183992	6/13/2027
	Adolescent Nutrition & Growth	1	183705	6/13/2027
Alissa Rumsey	How to Improve Your Client Retention	1.75	191683	2/10/2029
	From Concept to Client: 5 Steps to Start Your Nutrition Private Practice	1	184982	8/20/2027

Commission on Dietetic Registration

Free CPE Resources

	Insurance Credentialing 101 Workshop	1	186627	1/17/2028
All Dietitians	**FREE COURSE** Building Trust in a Distracted World - Client Rapport and Behavior Change in 15 Minutes or Less	1	186627	1/17/2028
American Heart Association	Food Quality and Planetary Health Module 1: Redefining Food Quality for People and Planet	1.25	N/A (Activity Type 102)	8/11/2029
	Food Quality and Planetary Health Module 2: Embedding Sustainable Food Systems Into Nutrition Practice	1.25	N/A (Activity Type 102)	8/11/2029
	Food Quality and Planetary Health Module 3: Bridging Global Frameworks With Local Contexts to Advance Planetary Health	1.25	N/A (Activity Type 102)	8/11/2029
Becky Dorner & Associates, Inc.	Ethics in Action: Applying the Academy Code of Ethics	1	190096	9/24/2028
	Providing Culturally Sensitive Nutrition Care: The Power of Humility in Practice Webinar	1.25	189551	8/12/2028
	Evidence-Based Nutrition for Wound Healing and Malnutrition Part 1: Nutrition Approaches for Wound Care	1.25	186640	1/21/2028
	Enhancing Revenue for RDNs Demonstrates Value for Expanded Scope of Practice and Increases Access to Care Webinar	1	180979	3/13/2027
	Artificial Nutrition Support for Adults through the Continuum of Care Part I- Enteral Nutrition	1.25	185600	10/8/2027
	Artificial Nutrition Support for Adults through the Continuum of Care Part II- Parenteral Nutrition	1.25	185602	10/8/2027
	From Clinic to Kitchen: Applying Culinary Medicine in Practice	1.25	191380	1/26/2029
	Making IDDSI Diet Orders Work: Strategies for Person-Centered Care Webinar	1.25	190003	9/18/2028
	Emergency and Disaster Preparedness for Food and Nutrition Professionals	1.25	187517	3/12/2028
	Evidence-Based Nutrition for Wound Healing and Malnutrition Part 2: New Insights into Malnutrition Assessment and Intervention	1.25	186517	1/10/2028
	Putting the "S" back in IDDSI: How to successfully implement and standardize your IDDSI program	1	180144	1/18/2027
Bobbie	The Infant Feeding Reality: The Why of Combo Feeding	1.25	193967	7/28/2029
	From Evidence to Empowerment: Supporting Bottle Feeding Parents with the Latest Research	1	193744	7/16/2029
	Infant Formula Ingredients: Understanding the Changing Landscape	1	193522	6/22/2029

Commission on Dietetic Registration

Free CPE Resources

	The Science of Starting Solids: Practical Guidance for Pediatric Clinicians	1.5	190917	12/18/2028
	2024 Infant Feeding Roundup: New Research, Guidelines, and Hot Topics	1.25	186724	2/4/2028
	Perinatal Nutrition for Practitioners: Improving Outcomes for Mothers and Babies	1	185744	11/4/2027
	Gut Instincts: Mastering Common GI Complaints in Infants	1	182984	4/5/2027
	The Mechanics of Combo Feeding: Tools, Strategies, and Special Scenarios	1.25	194289	9/1/2029
Commission on Dietetic Registration	CDR Recertification Requirements: A Comprehensive Review of the Professional Development Portfolio (PDP)	1.25	191044	12/16/2028
DIETITIAN 360	Professional Ethics for Everyone	1	183807	5/29/2027
Dietitian Connection	Going beyond the guidelines: Nutrition care for head & neck cancer	1	192689	4/29/2029
	Not All Oils Are Created Equal: The Science and Practical Benefits of Extra Virgin Olive Oil	1	192341	4/2/2029
	Beyond FODMAPs: Personalized nutrition strategies for long-term IBS management	1	191884	2/25/2029
	Your best self, your best work: Harnessing authenticity in dietetics	1.5	191522	2/02/2029
	When standard isn't enough: Ethical dilemmas in enteral formula intolerance	1	191196	1/15/2029
	Gut health unlocked: Science, personalization & client-centered counseling	2.5	191122	1/9/2029
	Journal Club: Characteristics and feeding intolerance in critically ill adult patients receiving peptide-based enteral nutrition	1	190660	11/11/2028
	From farm to flavor: The future of dairy, nutrition and deliciousness	1	190267	10/8/2028
	Ultra-processed foods: The research and the reality	1	186571	1/15/2028
	Enteral Nutrition and Vasoactive Agents: A Case Study	1	177848	7/18/2026
Dietitians on Demand	In-Depth Assessment Techniques in the ICU	1	177914	9/11/2026
	Medical Nutrition Therapy for Chronic Pancreatitis	1	177912	9/11/2026
	Weight Management for the Aging Population	1	177916	9/12/2026
	An Update On Diabetes Technology	1	177920	9/12/2026
	Managing GI Side Effects of Cancer Treatment	1	177923	9/13/2026
	An Update on Blenderized Tube Feeding	1	177925	9/13/2026
	Nutrition and Alcohol	1	177933	9/14/2026
	Social Determinants of Health: What Dietitians Should Know	1	177931	9/14/2026

Commission on Dietetic Registration

Free CPE Resources

Survey Success in Long-Term Care	1	178600	9/15/2026
Navigating the Needs of Home Parenteral Nutrition Patients	1	177935	9/15/2026
TPN 201	1	178683	9/19/2026
Perfecting Your PES Statement: Updated	1	178815	10/2/2026
Nonalcoholic Fatty Liver Disease in a Case Study Patient	1.25	179288	10/24/2026
Reviewing the Updated Renal Guidelines	1	179388	10/27/2026
Nutrition Assessment Methods for Long-Term Care	1	179593	11/3/2026
Applying the Core Ethics Principles to Nutrition Care	1	179450	11/14/2026
Binge Eating Disorder	1	180235	12/4/2026
Medical Nutrition Therapy for Chronic Kidney Disease Stages 3 and 4	1	180607	1/2/2027
A Review of Bariatric Surgery Nutrition Recommendations	1	180605	1/2/2027
TPN 301	1	180717	1/8/2027
Nutrition and Business: Opportunities for Registered Dietitians	0.75	180888	1/16/2027
Insulin and Diabetes Injectables	1	180911	1/17/2027
Nitrogen Balance Studies	1.5	180961	1/18/2027
Nutrition Interventions for Pulmonary Cachexia	1	181194	2/2/2027
A Crash Course for Writing Custom TPN Orders	1	181534	2/15/2027
Guide to Motivational Interviewing for Registered Dietitians	1	181529	2/19/2027
Managing CKD with Comorbidities	1	181532	2/19/2027
Kidney Diet Restrictions: What, When, and Why	1	181531	2/20/2027
Identifying and Treating Micronutrient Deficiencies in Bariatric Surgery	1	181697	2/27/2027
Understanding Ileostomy Diet Recommendations	1	181698	2/28/2027
Understanding Congestive Heart Failure	1	182160	3/29/2027
Nutrition at the End of Life	1	182448	4/9/2027
Ethics in Private Practice	1	182452	4/10/2027
Refeeding Syndrome: Nutrition Implications	0.75	182444	4/10/2027
Navigating Nutrition Complications of Bariatric Surgery	1	182882	4/23/2027
IBS & FODMAPs: Demystified	1.5	183046	4/24/2027
Nutrition Considerations for Liver Disease	1	182879	4/24/2027
Gastrointestinal Function: Gut Microbiota and Nutrition	1	183292	4/26/2027
TPN 101	1	189911	9/17/2028
Nutrition Care Process Review	1	190734	12/4/2028

Commission on Dietetic Registration

Free CPE Resources

	Shifting Your Nutrition Mindset from Acute Care to Long-Term Care	1	192255	3/25/2029
	Critical Care Nutrition: Challenges to Providing Nutrition Support	1	193112	5/28/2029
	Obesity Treatment Guidelines for Dietitians	1	193114	5/29/2029
Flora Food Group USA	The Facts on Fats: Science to Practice for Dietitians	1	190278	3/11/2027
Grain Foods Research Insitute	Behind the Grain: Refining Perspectives on the Public Health Role of Enriched and Fortified Grain Foods	1.25	191529	02/11/2029
Helm Publishing, Inc.	Nutrition Business: Ethics & Legalities	1	181491	2/19/2027
Julie Cunningham Nutrition, LLC	Ethics in Private Practice: Navigating Real-World Dilemmas for Registered Dietitians	1	193697	07/08/2029
	Health Equity in Nutrition Practice: A Practical Framework for Registered Dietitians	1	193607	6/29/2029
Katie Ferraro	What Dietitians Don't Know About Baby-Led Weaning: Closing the Knowledge Gap in Infant Feeding Education	1.5	193746	7/15/2029
Kendamil	Toddler Transitions: Debunking "It's Just a Phase" to Optimize Lifelong Nutrition	1	189629	8/27/2028
	Oral Nutrition Supplements: The Who, What, When, Where, and Why of Using Them in Pediatrics	1	188697	5/30/2028
Melissa Joy Dobbins, Sound Bites, Inc.	What's in Your Freezer? The Science, Myths & Benefits of Frozen Foods - Podcast Episode	1.25	191946	3/06/2029
	Olive Oil: Why EVOO is Best & How to Use It	1	191546	2/03/2029
	GLP-1 Meds and Then What? Turning Weight Loss into Lifelong Wellness	1	190785	11/19/2028
	Hidden Hunger: Closing the Gap for Healthy Growth in Children - Podcast Episode	1	190617	11/04/2028
	Food, Culture and Care: Type 2 Diabetes Risk Reduction & Management - Podcast Episode	1	190523	10/28/2028
	Support Gut Health and Holistic Wellbeing with Science-Based Strategies - Podcast Episode	1	190522	10/29/2028
	Prebiotics & Digestive Health: Benefits, Claims & Low FODMAP Tips - Podcast Episode	1	188688	5/29/2028
	Carbohydrate Restriction & Research on Diabetes, Weight and Metabolic Health - Podcast Episode	1	188572	5/19/2028
	What's All the Buzz About? The Health Benefits of Manuka Honey - Podcast Episode	1	187206	2/26/2028

Commission on Dietetic Registration

Free CPE Resources

	Cancer Risk Reduction: New Research on Fruits and Vegetables - Podcast Episode	1	185904	11/06/2027
	Plant-based Performance Nutrition: Benefits, Challenges & Key Nutrients	1	185471	9/30/2027
	Plant Based Diets: New Research on Benefits & Ideas for Simple Swaps - Podcast Episode	1	183256	4/25/2027
	From Seed to Spoon: Quaker Oats from Field to Mill to Table – Agricultural Practices, Nutrition Claims & Culinary Versatility - Podcast Episodes	1.5	182411	4/09/2027
	Mis- and Disinformation in Nutrition: Science, Ethics & Critical Thinking - Podcast Episode	1.25	178877	10/03/2026
National Dairy Council	Beyond the Headlines: Navigating Dairy Foods in the 2025-2030 Dietary Guidelines for Americans	1.25	193020	5/18/2029
	Decoding the Dairy Food Matrix: Fat, Function and Health	1	190735	11/18/2028
	Culinary Nutrition for Heart Health: From Science to Plate	1	181695	4/04/2027
National Pork Board	Pork & Partners Train the Trainer	2.25	190853	12/5/2028
	Pork 101	0.75	189720	8/29/2028
	Communicating with Cultural Competence	1	187360	3/5/2028
Nestle Health Science	Beyond the Algorithm: Using AI to Enhance Nutrition Care	1	193172	6/03/2029
	Nutrition and Lifestyle Supportive Care for the Management of Obesity with GLP-1 Therapies: Expert Consensus Recommendation	1	193049	5/19/2029
	The Immunonutrition Advantage: Improving Surgical Outcome	1	193810	7/16/2029
	Elevate Your EoE Knowledge: Practical Guidelines for Future-Focused Healthcare	1	192701	4/28/2029
	Optimizing Nutrition and Lifestyle Care for Patients on GLP-1 Therapies: Expert Consensus Insights	0.5	192085	3/13/2029
	From Survival to Recovery: Rebuilding Metabolism After Critical Illness	1.5	192194	3/23/2029
	Hot Topics 2026: Contemporary Nutrition Issues	1.5	192192	3/24/2029
	Rethinking Nutrition: The Impact of Plant-Based Diets on Health and Environmental Sustainability	1	192267	3/25/2029
	Nutritional Management of Adults with Diabetes on GLP-1 Therapy	1	191192	1/13/2029
	From Evidence to Action: Navigating Peptide-Based Formulas	0.5	191335	1/22/2029
	Critical Care Nutrition: Where Do We Stand and What Should We Do? A Follow-up Adult Case Discussion	1	190993	12/09/2029

Commission on Dietetic Registration

Free CPE Resources

	Critical Care Nutrition: Where Do We Stand and What Should We Do?	1	190669	11/10/2028
	Management of Sarcopenia & Sarcopenia Obesity in Older Adults: Optimizing Outcomes Through Lifestyle Interventions	1	190667	11/10/2028
	Sharpen Your Skills in Skin Health Assessment	1	190191	10/02/2028
	Nutritional Therapy for the Complex Pediatric Patient	1	189736	8/26/2028
	Understanding the Role of Dietary Protein in Healthy Aging: Clinical and Non-Clinical	1	189738	8/26/2028
	Nutrition Showdown: Enteral vs Parenteral – Which is Best for My Patient?	1	188788	6/18/2028
	Table to Tube: Nutritional Strategies to Promote Microbiome Health and GI Tolerance Across Healthcare Settings	1.5	187833	3/31/2028
	Beyond Hot Flashes: Menopause, Symptoms, Health Impacts and Lifestyle Choices	1	187687	3/24/2028
	Bridging the Gap: Mastering Continuity of Care for the Tube-Fed Patient Discharged to Home	1	187048	2/14/2028
	Expert Insights: Mastering the Recipe Builder for Blenderized Tube Feeding (BTF)	1	186397	1/8/2028
	Harnessing the Power of Gut Microbiota for Optimal Health	1	185190	9/09/2027
	Malnutrition, Sarcopenia & Frailty: Practical Approaches to Improving Patient Care	1	183674	5/20/2027
	Nutritional Recommendations for Cancer Survivorship	1	183994	6/5/2027
	Breaking Down Protein in Pediatric Food Allergy: A Conversation with the Experts	1.25	183966	6/5/2027
NutriScape.NET	Nutrient Challenges and Supplement Resources That Can Help	2	190036	9/29/2028
	Saving The Mitochondria: The Critical Role For Micronutrients	1	187404	3/07/2028
Oldways Preservation & Exchange Trust Co	Extra Virgin Olive Oil: Benefits Beyond Health Fats	1	191990	3/11/2029
	Whole Grain Milling: Future Nutrition Security	1	188015	4/11/2028
	Biodiversity in the Mediterranean Diet: Exploring the Impact of Naturally Gluten-Free Whole Grains	1	187915	4/09/2028
	Understanding Whole Grain Food Processing and the Limitations of the Nova Classification System	1	187911	4/04/2028
	Leveraging Whole Grains to Reduce Healthcare Spending	1	187789	4/02/2028
	Meeting Dietary Fiber Recommendations in a Latin American Heritage Diet	1.25	185109	9/04/2027

Commission on Dietetic Registration

Free CPE Resources

Orgain	[multiple activities]		[see website]	[see website]
Provider Resources and Education Program, Ohio Department of Health	Elopement Prevention in Long-term Care Facilities	2	190693	11/18/2028
	Behavioral Healthcare in Long-term Care Facilities	2	188620	6/09/2028
	Pressure Ulcer/Pressure Injury in Long-term Care Facilities: Part 1	1.75	187105	3/21/2028
	Pressure Ulcer/Pressure Injury in Long-term Care Facilities: Part 2	1	187132	7/21/2028
Soy Connection/Soy Nutrition Institute Global (Communique, Inc.)	Soy Connection Vol 34.3 - From Science to Application: Translating Protein Quality into Practical Guidance	1	193231	6/12/2029
	Soy Connection Vol 34.2 - Processed Foods, Demystified: Science-Based Insights to Put into Practice	1.25	191799	2/19/2029
	Soy Connection Vol 34.1 - What's Trending in Evidence-Based Nutrition for 2026	1.25	190743	11/18/2028
	Soy Connection Vol 33.4 - Fueling Brain Function: How Diet Shapes Cognitive Health	1	189683	8/25/2028
	Soy Connection Vol 33.3 - From Farm to Patient: Understanding Agriculture's Role in Our Food System	1	188735	5/30/2028
	Soy Connection Vol 33.2 - Beyond the Scale: GLP-1 Medications & Weight Maintenance Nutrition Strategies	1	187693	3/27/2028
	Soy Connection Newsletter Vol. 33.1: Unpacking the Science on Seed Oils: Health Benefits Uncovered	1	186210	12/16/2027
	Soy Connection Newsletter Vol. 32.3: Soy and Ultra-processed Foods Guide	0.75	186186	12/5/2027
	Soy and High-Performance Nutrition - Vol 32, No 2	1	186163	12/3/2027
	Soy Connection Vol 32.4 - The Impact of Nutrition on Breast Cancer Recurrence and Survival	0.5	185649	10/21/2027
The Solution Foundation	Bridging Science & Compassion in Obesity Treatment	1	186135	1/10/2028
Tiffany Bruno	Understanding Dairy's Impacts on Children's Health and Strategies to Lead a Healthy Dairy-free Lifestyle	1	188056	4/29/2028
Weight Inclusive Toolkit Initiative	Weight Inclusive Toolkit Initiative: Weight Stigma and Bias, Weight Inclusive Care, Trauma-Informed and Inclusive Classrooms	1.5	192042	3/12/2029
Wellness Roots Foundation	Hormones and Eating Disorders	1.25	187387	3/25/2028

Commission on Dietetic Registration

Free CPE Resources